

‘The Edge and Beyond’

Foreword

Gary E. Schwartz, PhD¹

¹Professor of Psychology, Medicine, Neurology, Psychiatry and Surgery, and Director, Laboratory for Advances in Consciousness and Health, The University of Arizona. His books include *The Afterlife Experiments*, *The G.O.D. Experiments*, *The Energy Healing Experiments*, and *The Sacred Promise*.

It has been said that many have been called but few will be chosen.

I hold the space that all have been called and the time is NOW!

Lance J. Morris, ND

Humanity is at a crossroads. We can continue to behave as we have in the past and destroy ourselves and the planet in the process, or we can choose to transform our habits, to actualize our higher potential, and contribute to healing ourselves and the world.

This urgent message is coming from many quarters – from ancient cultures and native peoples, through contemporary mystics and new age thinkers, to professional writers, scientists and celebrity entertainers. Novelists like William Gladstone have fictionalized this possibility in *The Twelve*. Systems scientists like Dr. Erwin Laszlo have documented this opportunity in *WorldShift 2012*, or as presented in my book *The Sacred Promise*. Entertainers like the late Michael Jackson – who wrote the visionary song “We are the World” – creatively express this urgency in *This Is It*. Though our modes of communication are different – spanning fiction and story telling, basic and applied research, music and dance – the core message of the pressing need for our personal and collective awakening and transforming is the same.

How are we to make sense of all this? And what can we do as individuals to contribute to this emerging transformation? *The Edge and Beyond* provides what Dr. Lance Morris, the visionary author of this book, calls a “primer for the personal actualization of this state.”

What is this state? According to Dr. Morris, the state involves the recognition that not only are we co-creators with the Source of All that is, but that we all have the power within for *Tapping the Source* as revealed in William Gladstone and colleague’s “how to” book of this title.

According to Dr. Morris, “our co-creation is manifest as a channel or conduit of the divine.” He says that this is “a function of 'thy will, not my will.' We can find and be a vehicle for this as we approach and move through the last membrane of the space-time continuum, to 'The Edge and Beyond'.”

The Edge and Beyond combines philosophy and basic science with ancient and contemporary healing practices – including an innovative healing technique developed by Dr. Morris called Resonant Sound Therapy – and reveals an exciting new framework for achieving scientific and personal integration and unification. *The Edge and Beyond* is more than just a highly reader friendly book; it is informative and insightful on the one hand, and inspirational and playful on the other.

This is the kind of book which you will read from cover to cover, and then reread (and even reread again). Certain books are so easy to digest on first reading yet provide expanded nourishment upon rereading.

Dr. Morris's subtitle "A Journey for Personal Self-Discovery, Awakening, and Healing" is accurate and meaningful. This is a book which contains practical information all of us can learn to employ in our daily lives.

I asked Dr. Morris to provide me with a visionary statement of what he wished for this book. His last paragraph says it all, and I invite you to partake of this extraordinary journey with his words in mind:

We are on a critical cusp. The choice is ours. We can implode or we can transcend. We have been here before. Throughout history this cycle is repeated time and again. This book is a wake up call. All over this planet messengers have been seeded to bring different parts of this information into the public domain. The time is now. We are the ones we have been waiting for. It is our choice to succumb to our own negative images and feelings or to awaken triumphant, to transcend to 'The Edge and Beyond'. It has been said that many have been called but few will be chosen. I hold the space that all have been called and the time is NOW!